

# Valley Health District offers COVID-19 update



The Naugatuck Valley Health District (NVHD) continues to work with the CT Department of Public Health (DPH), local hospitals, and outpatient healthcare providers to obtain information related to persons under investigation (PUI) who are Valley residents.

A Person Under Investigation (PUI) is any person who is currently under investigation for having the virus that causes COVID-19, or who was under investigation but tested negative.

Public health officials, healthcare providers, and private laboratories are working around the clock so that we can keep our patients and residents informed.

DPH now publishes a report that breaks down positive COVID-19 cases by town. That report can be accessed at [www.ct.gov/coronavirus](http://www.ct.gov/coronavirus).

Effective March 18, the DPH Commissioner amended the List of Reportable Diseases, Emergency Illnesses and Health Conditions to such lists to include;

- COVID-19 and
- SARS-CoV-2.

The amendment also requires laboratories to notify DPH with positive and negative lab findings for SARS-CoV-2.

When DPH receives these reports, they are entered into a secure online disease surveillance system that is accessible by local health departments.

In some cases, a hospital or healthcare provider may learn of a laboratory confirmed case and notify the local health department before the report is entered into the DPH system.

## What is the procedure for contacting those who test positive?

The physician who ordered the test for the patient and the Naugatuck Valley Health District staff will contact individuals who test positive for COVID-19.

## What is the process for individuals who test positive?

- Those individuals will remain in quarantine at their homes.
- Individuals who reside in the same household as a lab confirmed positive case will also be required to self-quarantine at their home.

Health department staff will work with the patients to investigate and determine if additional individuals need to be notified or require 14-day self-monitoring periods at home.

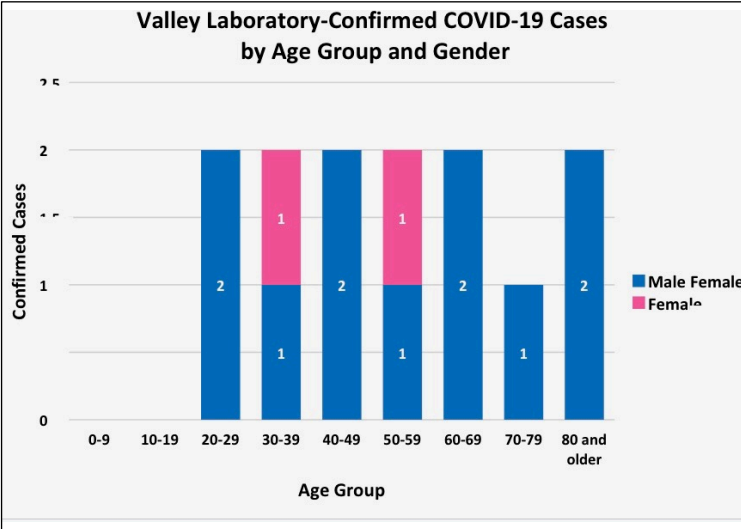
- If an individual is inpatient or in a healthcare facility, that facility will lead the investigation.

Community spread/transmission is now occurring in the Valley. People have been infected with the virus, including some who are not sure how or where they became infected.

Every day at 3 p.m. NVHD will provide updates on cases in the Valley. The above is data as of Tuesday.

**\*\*Please remember, this data is subject to change.\*\***

Town/City	Laboratory Confirmed Cases
Ansonia	1
Beacon Falls	1
Derby	1
Naugatuck	2
Seymour	3
Shelton	5
Total	13



If you think you have been exposed to COVID-19 and develop a fever and symptoms, such as cough or difficulty breathing, call your health care provider for medical advice. Please do not show up without calling first.

## Additional online, credible resources:

For any general questions related to COVID-19, you can call 2-1-1

Visit NVHD for updates at: [www.nvhd.org/coronaviruses/COVID-19](http://www.nvhd.org/coronaviruses/COVID-19).

At the state level, the latest COVID-19 testing data which can be accessed at [www.ct.gov/coronavirus](http://www.ct.gov/coronavirus)



This is from a press release from Jessica Stelmazsek, MPH, Director of Health, NVHD

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