

COVID fails to stop Pounding the Pavement for Seymour Pink

Enthusiasm, spirit mark virtual 9th annual fundraiser

By Patricia Villers

Photos by Patricia Villers, Peggy Carvalho, Allegra Villers, and those submitted by Seymour Pink.

ANSONIA - Participating in the 9th annual Pounding the Pavement for Pink Saturday to benefit Seymour Pink was a lot of fun, even though it was virtual this year.

Seymour Pink is a community's fight against breast cancer. The nonprofit funds breast cancer research, provides education, and empowers and assists breast cancer victims and their families. Seymour Pink assisted my family several years ago and I am ever-grateful.

I walked the Emmett O'Brien Tech track with fellow breast cancer survivors and members of our Moving On Fitness class at Griffin Hospital: Gerri Southard, Suzanne Reilly, and Eileen Colwell.

My husband Ralph served as our coach and timer using the stop watch on his phone.

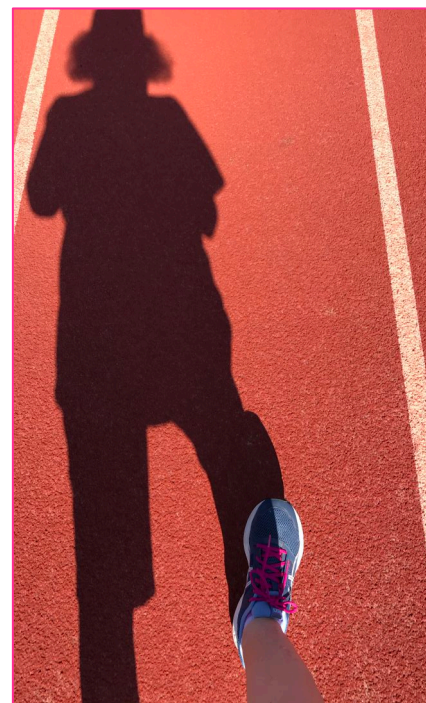


The weather was picture-perfect as we walked and chatted.

Truth be told I wasn't concerned with my time and I don't think my friends were either.

Our daughter Allegra lives in Massachusetts now but she was happy to support the 5K as she has in the past by running it Saturday by herself.

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In a Facebook post Monday Seymour Pink founder Mary Deming wrote about the spirit and enthusiasm she felt from all who were involved.

She wrote in part: "From East Coast to West Coast from North to South to Alaska and Italy, our Virtual 9th Annual Pounding the Pavement for Pink was beyond our expectations!"

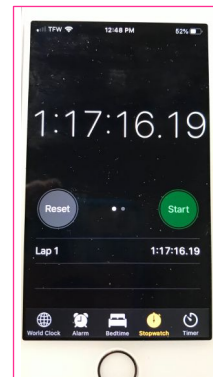
"What the pandemic has taken from us, in so many ways can never be replaced, BUT along the way there have been silver linings; moments, opportunities, for us to come together in spirit and in hope!"

This year's Pounding the Pavement for Pink truly exemplifies that SPIRIT and HOPE!"

I'd like to thank all who worked hard to coordinate this year's virtual event.

Let's hope all Seymour Pink's supporters will be able to be together in person next October to mark the 10th annual Pounding the Pavement for Pink.

SEYMOUR
PINK



Participants arrived from near and far for the 9th annual Pounding the Pavement for Seymour Pink. Here, Allegra Villers runs in this year's virtual 5K from miles away in and promoting to the wider world their mission to **Unite the community in the fight against breast cancer.**



Right: The spirit of Seymour Pink is seen on their banner posted along Derby Ave. in Seymour. An average of 19,300 motorists pass by the banner every day.

Below: The positive spirit for Pounding the Pavement is so real - never virtual!



COVID fails to diminish wonderful spirit for virtual 5K



Photos by Peggy Carvalho

COVID-19 restrictions that forced Pounding the Pavement for Pink 5k didn't dampen the spirit and enthusiasm of all who participated in the 9th annual fundraiser for Seymour Pink last weekend. Take a look at one of the many participating teams, **Irish for the Cure**

