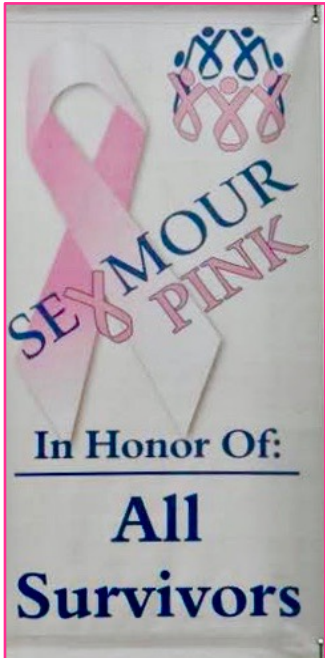




COVID-19 forces Seymour Pink to hold virtual 5K run/walk in October

Nonprofit transforms 9th annual fundraiser



By Patricia Villers

SEYMOUR - The scourge of COVID-19 has cancelled many community events held each year for fun and to raise funds for local organizations.

As a breast cancer survivor one of those nonprofits near and dear to my heart is Seymour Pink, a community’s fight against breast cancer.

I was sorry to learn that the organization’s 9th annual Pounding the Pavement for Pink 5K - the nonprofit’s largest fundraiser - will be a virtual event Oct. 3.

Since its inception the 5K run/walk had grown to 3,000 participants and more than 1,500 spectators.

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COVID-19 forces Seymour Pink to hold virtual 5K run/walk in October

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In announcing the virtual event Seymour Pink founder Mary Deming said, “Our top priority is always the safety of our community and especially all breast cancer survivors and others who are compromised with their immunity.”

She said the virtual event will feature the 5K, an inaugural 10K, and the first Pink Challenge. Deming said details will be announced. Registration for the event will open July 1.

I've enjoyed walking in the 5K with members of Griffin Hospital's Circle of Friends support group each year. I've always felt the love and support of the community on that special day.

I'm sure a virtual event - while unusual - will provide similar feelings of caring and concern for all involved.

Learn more about the mission of Seymour Pink at:

<https://www.facebook.com/seymourpink/>

<http://www.seymourpink.com/>



See Valley-Voice CT newsletter coverage of Pounding the Pavement for Seymour Pink over the years by clicking the icons below.

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6th annual Seymour Pink SK inspires breast cancer survivors, supporters

By Patricia V. Kelly

SEYMOUR, Conn. — Endurance, energy, love.

Stanley's annual *Thriving by the Presence* for Pink was filled with all of the above.

The SK, that emanates through neighborhood in Seymour is dedicated to the national Seymour Pink, a community's fight against breast cancer. The year 2010 group supported for the cause.

Seymour SK founder Mrs. Dennis and several other women survivors participated Stanley for breast cancer. "Some people came out to support the survivors and others, and the neighborhood with cancer out to support [them] along the way," she said.

The number of women stood at the 5,625. Dennis said. The paid a \$750 and donations are open until Oct. 31, she said.

Dennis wrote in Facebook: "You rock all of the SK survivors offering different BUT one thing is the SAME. We're ALL TOGETHER and we're WINNING!"

The large number of participants and supporters gained a double of pink was an emotionally overwhelming sight.

The 10-year breast cancer survivor and a strong ally, Dennis said with her team from the Center for Health Care of Health Care.

The Stanley's ended up "thriving" said. "Because they stepped out and said."

I was so sick and didn't want to live. I had to live. I had to live. I had to live.

I hope they inspire me.

The Valley Voice
News, Views & Entertainment

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Spirit, sunshine, support greet participants at Seymour Pink SK

By Patricia Villars
SEYMOUR • Gray-skirted ladies shivers?

They were nowhere to be found Saturday at the 8th annual Founding the Preamble for Pink SK.

For the first time in 100 years, numerous masculine gendered walkers, runners, and their supporters at this highly popular event that benefits Seymour Park. This year a low profile parade, the most recent.

Seymour Park is a community's fight against breast cancer. The organizers hope to raise awareness and to empower those who have been diagnosed with the disease.

Resident Mary Drexler, founded breastwork Pink in 2004 to honor the memory of her mother, Theodora Drexler, who died from breast cancer.

October is Breast Cancer Awareness Month.

As a survivor who participates with our Circle of Friends' support group from Girls' World, I've always moved to the love and enthusiasm that's abundant throughout the event.

Members of the community clearly care. Residents' tradition of wearing pink hats to pink ribbons, pink painted pumpkins, inspirational signs, and movies is part of the fun. They were out and off cups of water.

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